

TARRALEAH

Tasmania Australia

Massage and Spa at Tarraleah

When you next visit Tarraleah, take a little time out and soak up the view from the comfort of the clifftop spa. Slow down to Tarraleah time with a full body massage or why not try a Hawaiian Lomi massage and soothe away tired muscles. Our masseurs and beauty therapists offer a range of services to help you relax and enjoy your time at Tarraleah.

Massage Treatments

* availability may be limited to certain days. Please ask

Massage Treatments

Hawaiian Lomi Massage
a must to try! This traditional Hawaiian massage combines long gliding strokes to soothe with deep tissue massage. Our practitioners are Hawaiian trained.

Swedish Massage
the classic soother for relieving tension.

Face, Head, Neck & Shoulder Massage
great for tired aching muscles after a long drive or some serious fishing.

Foot and Leg Soother
perfect for a late afternoon indulgence after a long walk in the wilderness.

Wellbeing Treatments

fabulous treatments to make you tingle from head to toe!

'Highland glow' reviver
15 min spa, 50 min massage with body polish.

Total relax pack
30min sauna, 30min spa and 45min massage.

Detox body wrap
15 min spa, 45 min detoxifying lemon myrtle body wrap & massage.

Tai Chi
gently invigorate and stretch tired muscles & joints! Individual or group session by appointment.

Beauty Services

* availability may be limited to certain days. Please ask

Facials

Aqua fresh
unwind & revive your skin this super hydrating facial.

Indulgence
rejuvenate tired skin with our luxurious combination of plant oils & gentle exfoliating fruit enzymes. Includes eyebrow shape, hand or foot massage.

Purifying
ideal for sensitive or problem skin.

Hands
Freshen-up manicure perfect for a quick tidy up before dinner.

Bliss manicure
a pampering manicure to thoroughly treat the arms, hands and nails. Includes massage.

Feet

Bliss pedicure
a gorgeous pampering pedicure for tired feet.* Includes massage.

Waxing

we cater for all women's & men's waxing & hair removal needs.

Eyes

eyebrow shape, tint and eyelash tinting are available.

Mineral makeup makeover!

Having a special occasion celebration at Tarraleah? We'll have you looking even more fabulous!

Bookings are essential.
contact reception on
(03) 6289 0111

